



Fool's Gold

RUTGERS SASHP NEWSLETTER

Wednesday, March 31, 2021

Dear SAS Honors Program Students,

Maybe we've all lost track of time, BUT, tomorrow is the day of fools, the joker's jig, the day to mess with your friends and get away with it, April Fools Day! While fewer people have been partaking in the holiday, perhaps I can use this spot to inspire some tricks. In the Confalone household, April Fools has always been a big event, and, my personal favorite joke involves the sink. Most of us have seen the hose attachment that comes with a lot of sinks, right? Well, they only work if a) the water is running and b) the handle is held down. So, every April Fools day I would wrap a rubber band around the handle and aim it at the front, and, every time somebody would go to use the kitchen sink, splash - there would be water all over them.

While the sink thing might have been a little evil, I promise that these upcoming events are no joke! Learn about the benefits of wandering in both body and mind while... wandering, of course, by dropping by the next **SASHP Masterclass: Walk & Talk**. Since you're already wandering, why not keep it up by signing up for the **Step It Up Challenge** (deadline is **TODAY**). Brush up your marketing skills by applying to be a **Student Affairs Marketing Intern**. Learn all about life through a more cinematic lens by reading our **recent blog post**. Want to host your own masterclass? Be sure to fill out the **SASHP Masterclass Application**. Finals time isn't here yet, but now is the perfect time to consider brushing up on some skills with **SASHP Peer Tutoring**. Sophomores and Juniors looking to get the gears turning should consider attending the **Capstone Q&A Session** (flyer on the last page).

Warm Regards,
Justin Confalone
Your newsletter editor

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SASHP Newsletter

Announcements

SASHP Masterclass: Walk & Talk

There is nothing quite like wandering - be that in nature, around the house, or even around a city. When we give our minds permission to think of nothing but moving, negative thoughts disappear and our brains inevitably feel more inquisitive. Learn about the benefits of wandering in both body and mind by attending the upcoming **SASHP Masterclass: Walk & Talk**. This 15-minute masterclass will start with talking about the mental/physical benefits of walking and the remainder will be focused on conversation. Walk & Talk takes place this **Fri, Apr 2 at 3PM EST**. Join the zoom call [here](#).



Step It Up Challenge

Get a team together and compete with fellow students to see who can log the most steps! Good options for teammates include the roommate who has a door-frame pull-up bar, that one friend who keeps trying to get you on creatine, or that guy who keeps sending you home workouts (kinda guilty of this one myself). Jokes aside, this is a great way to shake off the covid-rust in time for the beautiful weather. This challenge takes place **Apr 5- Apr 25**, so find your team and start training! Register by **TODAY** [here](#).

Student Affairs Marketing Application

Student Affairs is looking for interns to join its **marketing team** for summer/fall 2021. Students in the internship program will work side by side with professionals in the areas of graphic design, video, photography, social media, marketing, and web development. Develop applied skills and make yourself a more competitive candidate on the job market by applying. The application deadline is **Mon, Apr 5**; interested students can view available positions/job descriptions [here](#).



SASHP Newsletter

Media

New Blog Post: Life Through A More Cinematic Lens

"I miss movies. Plain and simple, no preamble, no post-script, no post-credit scene (you've been seen, my fellow watch-till-the-absolute-ender's)," writes author **Noa Deocampo**. "And, let's be clear, I'm talking about the whole movie watching experience, of which I must doubly emphasize the significance of it being an EXPERIENCE." Read the rest of this post [here](#).

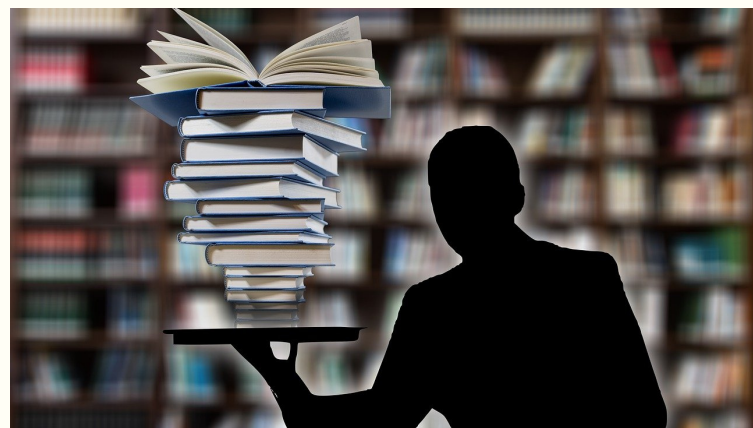



SASHP Masterclass Application

Want to teach a bunch of students about a hidden passion, talent, or skill of your own? Say no more! The SASHP is still accepting **Masterclass applications**. Cooking demonstrations, workouts, dance classes, camping safety, anything (within reason) goes in the masterclass series. The possibilities are endless and your lesson can cover any area or skill that you enjoy! Apply [here](#).

SASHP Peer Tutoring

This was included in a few newsletters in the fall, but with finals season a few weeks away, everybody should know about the **SASHP Peer Tutoring Program**. The tutoring is completely free and appointments can be made in lots of subjects [here](#). Interested students can also apply to be a tutor themselves on the SASHP website!



 For a full list of opportunities, [click here](#).

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HONORS CAPSTONE Q&A

**SOPHOMORES
& JUNIORS**

**STUDENT LEADER PANEL
SENIOR CAPSTONE OPTIONS
CHAT WITH ADVISING DEANS
NETWORKING**

THURSDAY, APR. 1 @ 3-4 PM

VIA ZOOM

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