



Pulling My Socks Up

RUTGERS SASHP NEWSLETTER

Wednesday, Oct. 5, 2022

Dear SAS Honors Program Students,

I was watching one of the most recent episodes of *The Great British Baking Show* the other day, when one contestant used an expression that I've never heard before. After having a pretty tough time baking biscuits (not cookies, mind you— *biscuits*) during the second week of competition, one of the contestants declared: "I really do need to pull my socks up now." Given the recent chilly temperatures, the undeniable significance of socks has been at the forefront of my mind. In fact, my pair of cozy knee-high socks has been my best friend in coercing myself to brave the cold and hop out of bed in the mornings. Upon a quick Google search, however, I discovered that this expression doesn't simply refer to wearing this fuzzy footwear. One basic definition of the phrase is to "make an effort to improve your work or behavior." With midterms & other assessments rapidly approaching in the coming weeks, I think many of us will be "pulling up our socks" with our studying habits and exam preparations. We're only about a quarter of the way into the semester— so it's not necessarily *crunch time*— but it's definitely better to stay ahead of the game and catch up on those notes that you've been meaning to revisit. So, whether you're on track or feel that you might be slipping, just remember that it's never too late to pull your socks up and get going! You've got this!

These approaching events and opportunities are sure to knock your socks off! Attend the next **Colloquium Movie Night** in McCormick! Tune in to the upcoming 'Professor Talk' event, "**Myths of the STEM Labor Market**." Take a break from your studies with "**Sweets in the Suites**." Gear up for spring 2023 registration at the "**Passport to Student Success**" event. Apply for the **Eagleton Undergraduate Associates Program**. Check out the latest **Honors Alumni Spotlight: Meg Tsui**.

Warmest Regards,
Noa DeOcampo
Your Newsletter Editor

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Colloquium Movie Night - McCormick

The **Honors Peer Leaders** are hosting yet another **Colloquium Movie Night** **NEXT Friday, Oct. 14!** And this time, the food-themed film they're screening is the Pixar classic, **Ratatouille!** Head to the **McCormick Lounge @ 8 PM** to munch on some **pizza and snacks** (included with entry) & grab a good seat to learn why "Anyone can cook."

*** This is considered an outside event for Fall 2022 Honors Colloquium



BLOUSTEIN PUBLIC SERVICE ASSOCIATION PRESENTS

MYTHS OF THE STEM LABOR MARKET

PROFESSOR TALK
BY RUTGERS PUBLIC POLICY PROFESSOR
HAL SALZMAN

Professor Talk: 'Myths of the STEM Labor Market'

Rutgers Public Policy Professor Hal Salzman will present on American STEM education and employment myths in the **Bloustein Public Service Association's** upcoming virtual 'Professor Talk' titled, "Myths of the STEM Labor Market." Students can register [here](#) before or on the day of the event **NEXT Friday, Oct. 14 @ 4 PM.**

Sweets in the Suites

Midterms, assessments, exams, oh my! As we head into the next couple of weeks, I'm sure many of us will be tackling exams with rigorous studying. However, it's *necessary* to take a break and allow yourself some time to decompress. Well, the sweet solution is this: the **Honors Peer Leaders** are hosting a 'Sweets in the Suites' event on **Oct. 20** in the **McCormick 1st Floor Lounge**. Stop by from **7:30-8:30 PM** to snack, mingle, and treat yourself to a scary good time!



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Passport to Student Success

It's never too early to start prepping for **spring 2023 registration!** Attend the annual **Passport to Student Success** event in the **BSC International Lounge (Busch)** on **Friday, Oct. 21** from **2-3:30 PM** to **discuss** different **majors & minors** with peer mentors, and **chat** with **reps from Aresty Research Center, Study Abroad**, and more! It's the perfect one-stop shop to get your advising questions answered.

Eagleton Undergraduate Associates Program

Calling all juniors! The Eagleton **Undergraduate Associates Program** is looking for juniors interested in **advocacy, government, and policy** to apply for their selective **3-semester certificate program**. In the program, students will "**learn about political power and decision-making**" and even hone these skills through **internships**. Learn more and apply [here](#) by **Oct. 24**.



Honors Alumni Spotlight: Meg Tsai

Meg Tsai is the featured SASHP alum from this month's **Honors Alumni Spotlight!** Meg graduated with a double major in **Biological Sciences** and **Psychology**. Today, she is a resident in **orthopedic physical therapy** at **Columbia University**, and she aspires to one day pursue a career in **pediatric orthopedics**. Learn more about Meg's academic and professional journey [here](#).

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