

Wednesday, Feb. 15, 2023

Dear SAS Honors Program Students,

I recently went on a quick (as in, overnight) weekend trip with my family down to Florida to celebrate my sister's birthday. The brevity of this overnight trip meant that time was precious, and so nearly every second, minute, and hour was planned starting on Friday afternoon, when we had our scheduled flight. It was a pretty simple plan, too. We would leave the house at 1 to get to the airport by 2 in order to have an ample cushion before our flight-time out of NJ at 4 PM. But life is never really that simple, is it? Because the few hours leading up to that flight were a whirlwind of pure chaos. As a chronic overthinker, I usually pack for my trips at least a week in advance. However, I happened to have a pretty packed week leading up to our trip, causing me to have to pack the morning of our flight. Even then, I didn't panic. It was a weekend trip- no, an overnight trip. I needed to pack one outfit and my essentials. I wrote a list earlier in the week and right before we left the house, I checked off each item. Skincare routine? Check. Hair routine? Check. Clean clothes? Check. Wallet and ID? Check. I was set. It wasn't until I was fully sat on the plane, settling in just before take-off that it occurred to me: I forgot my contacts and my glasses. The essentials of all essentials. I've never envied those of you who can see for free more. You can't plan for these kinds of oversights.

Here are a few upcoming events and opportunities that you'll wanna keep your eye on. Stop by Dean Ackerman's **drop-in** honors advising sessions! Reserve your spot to **Dine with Dr.**Paul Dicker RC '88. Gear up for a mid-semester game night or sit in on a movie night. Catch up on the newest Honors Blog post.

Warmest Regards, Noa DeOcampo Your Newsletter Editor

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SASHP Newsletter

Events/Announcements

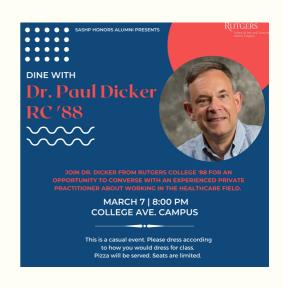


Drop-In Honors Advising with Dean Ackerman

TOMORROW, **Feb. 16**. Dean Ackerman will be holding drop-in honors advising sessions in the **Brett Study Lounge**. Stop by between **2 PM and 4 PM** to **snack**, **chat**, and have all your **advising questions answered** on the spot!

Dine With Dr. Paul Dicker RC '88

On March 7 @ 8 PM, join Dr. Paul Dicker from Rutgers College '88 for "an opportunity to converse with an experienced private practitioner about working in the healthcare field." This is a casual event with limited seating (RSVP required) and complimentary pizza. Learn more and RSVP for the event here.





Mid-Semester Game Night

The Peer Mentor Program will be hosting a midsemester **game night** NEXT Monday, **Feb. 20** @ **7:30 PM**. Join them in the McCormick Lounge on Busch to decompress with some relaxing games, crafts, pizza! PLUS enter a raffle for a chance to win some SASHP swag!

*** Open to all SASHP students

SASHP Newsletter Events/Announcements



SASHP Coffeehouse

The **Peer Mentor Program** is sponsoring an upcoming coffeehouse event on Wednesday, **March 1** in the **CASC Red Lion Cafe!**Performances start at **8 PM**, and range from poetry readings, to singing and dancing. There will also be an **open mic** after performances and all attendees can enjoy **hot chocolate** and **cookies** and even get their henna done at the event!

Monsters Inc. Movie Night

THIS Friday, **Feb. 17**, the **Honors Peer Leader in McCormick** will be hosting a movie night
featuring the classic Pixar film, **Monsters Inc.**!
Head over to the **McCormick 1st floor lounge** at **7:00 PM** to grab a seat and some complimentary **pizza** & other movie-watching **snacks**.

*** This event counts as an Honors Colloquium Outside Event





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New Blog Post: "Learning: A Work In Progress"

"Although we're routinely tasked with learning and studying for our classes, there's ample opportunity to learn new skills and ideas during our time spent at college," notes Honors Blog writer, **Anna Kumar**. Check out one of the newest blog posts here titled, "Learning: A Work In Progress" to read up on Anna's tips for "free resources" to "increase your general knowledge."

SAS Honors

