

Editing State of Mind

RUTGERS SASHP NEWSLETTER



Monday, March 20, 2023

Dear SAS Honors Program Students,

Welcome back! I hope you all had a chance to enjoy a little bit of downtime during break. Like many, I typically have a pretty difficult time re-adjusting to the normal rhythm of the semester after recesses. I'm slow to wake up after sleep or stagnancy, and my brain is even slower. Luckily, or unluckily (it's a glass half-full/half-empty situation for me), I didn't have much room during this particular break to slow down my mental processes. Don't get me wrong, I definitely enjoyed a bit of downtime during break. I actually went go-karting with my friends and had fun despite the whiplash I suffered from crashing a handful of times! However, the whole time, lingering at the back of my mind was the knowledge that I still had a whole senior thesis to edit. Yikes. If you're like me, you know that when you're in an "editing state of mind," you're never *not* in it. Whether walking around, sitting and catching up on recently acclaimed films, or driving a go-kart, I'm constantly thinking about the project that I know I have to return to and tweak. Looking back now, maybe that's why I crashed my go-kart. Good thing my thesis is due relatively soon, so I can return to a cruising mental speed.

Here's a few things to ease you back into the spring semester! Apply to be a **peer mentor** or learn more about the program at the upcoming "Get the Scoop" event. **RSVP** for **Honors Alumni Night** with Kishan Patel SAS '22 & Shruthi Thiyagarajan SAS '22. **Spring into service** with the PMP! Attend the **Dr. Jewel Plummer Cobb S.T.E.A.M. Women's Empowerment Awards**. Tune into an info session for the **Bloustein Honors Research Program**.

Warmest Regards,
Noa DeOcampo
Your Newsletter Editor

In this Newsletter:

*** Peer Mentor

Applications

*** Get the Scoop with
the PMP Programming
Board

*** Honors Alumni

Night with Kishan Patel
SAS '22 & Shruthi
Thiyagarajan SAS '22

*** Spring Into Service

*** Dr. Jewel Plummer
Cobb S.T.E.A.M. Women's
Empowerment Awards

*** '23-'24 Bloustein

Honors Research

Program

SASHP Newsletter

Events/Announcements

Peer Mentor Applications

By serving as a peer mentor, you can help incoming first-year honors students by sharing all of the Rutgers and SASHP wisdom that you've acquired over the past few years/semesters! Applications are open to all rising SASHP **sophomores, juniors, and seniors in good honors standing**. Apply for the '23-'24 school year by the **deadline THIS Sunday, March 26** [here](#).



SCHOOL OF ARTS & SCIENCES HONORS PROGRAM

BECOME A PEER MENTOR

SUPPORT THE NEXT GENERATION OF HONORS

Share your Rutgers and SASHP wisdom by being matched as a Peer Mentor to an incoming first-year honors student. Also, get access to exclusive Peer Mentor Program events.

Open to all rising SASHP sophomores, juniors, and seniors in good honors standing.

Also, consider selecting "YES" to apply to become a member of the Peer Mentor Programming Board and collaborate with fellow leaders to plan PMP events!

Scan the QR Code to apply today!



Get the Scoop with the PMP Programming Board

Interested in applying to be a peer mentor but still want to learn more? Attend the upcoming event, "**Get the Scoop with the PMP Programming Board**," **TODAY March 20**, from **8:30 - 9:30 PM!** Join the Peer Mentor Program Programming Board in the **LSC Gathering Lounge** for an informational social with ice cream, sorbet, and games!



Honors Alumni Night with Kishan Patel SAS '22 & Shruthi Thiyagarajan SAS '22

On Thursday, **April 6 @ 7:30 PM**, Honors Alumni Night will feature SAS '22 alumni, **Kishan Patel** and **Shruthi Thiyagarajan**. Join these recent grads on College Ave. as they recount their individual journeys as Rutgers **pre-med** students navigating **medical school applications** and **gap years**. This is a **casual event** with complimentary pizza and **limited seats**. **RSVP** for the event [here](#).



SASHP HONORS ALUMNI PRESENTS

Honors Alumni Night with

Kishan Patel SAS '22 & Shruthi Thiyagarajan SAS '22

SASHP Newsletter

Events/Announcements

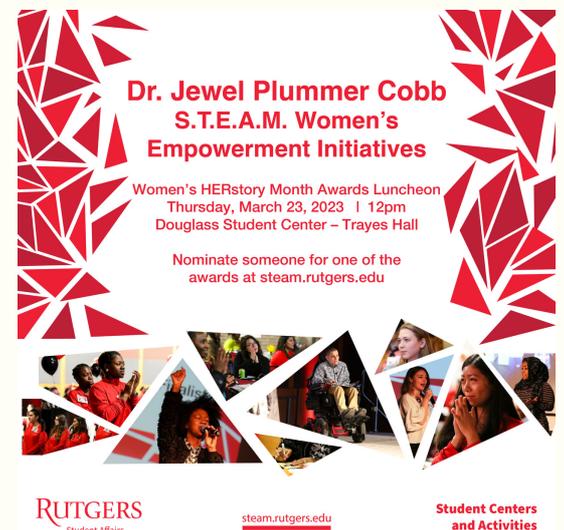
Spring Into Service

Give back to the community with the Peer Mentor Program at the **Spring Into Service** event on Thursday, **March 30**, from **6:30 - 7:30 PM**. Join them in **Hardenbergh Hall (Room B3)** to paint kindness rocks and make utensil bundles to donate to **Elijah's Promise**, an organization that "harnesses the power of food to break the cycle of poverty, alleviate hunger, and change lives."



Dr. Jewel Plummer Cobb S.T.E.A.M. Women's Empowerment Awards

The **S.T.E.A.M. Awards**, recognizing those who have "gone above and beyond to create support for women within S.T.E.A.M. disciplines" will be awarded at the Dr. Jewel Plummer Cobb S.T.E.A.M. Women's Empowerment Luncheon **THIS Thursday, March 23 @ 12 PM** in the **Douglass Student Center**. Complete your nomination or **RVSP** for this year's luncheon by **TODAY, March 20 [here](#)**.



'23-'24 Bloustein Honors Research Program

The **Bloustein Honors Research Program** is a year-long program which helps students "develop their research skills and test out their interests in research careers while providing valuable perspectives on many of the social and health issues." Learn more about the program at the upcoming info session on **March 27 @ 2 PM**. Register **[here](#)**.

INTERESTED IN DOING RESEARCH IN YOUR UNDERGRADUATE EJB MAJOR?

Consider applying for the Bloustein Honors Research Program!

This is a year-long, project commitment:
3 credits in Fall
3 credits in Spring
(Senior Year)

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