

# There's Always A Bigger Fish.

RUTGERS SASHP NEWSLETTER

Monday, December 11, 2017

Dear School of Arts and Sciences Honors Program Students,

We've reached a point in the semester when it seems like once you've escaped one big deadline chasing you down, another larger one comes speeding at you from behind even more forcefully than before. But just keep a clear head, focus on the task at hand, and feel the Force flow around you. Just don't be afraid because fear leads to anger, anger leads to hate, and hate leads to the Dark Side.

Then again, that's not terrible. After all, they do have cookies.

For those needing stress relief, there are two Honors events that will be perfect for you: **Coffee and Coloring** this afternoon and **De-Stress Night** sponsored by the SASHP Peer Mentors on Wednesday. And for a **quiet study space**, be sure to come to 35 College Ave this Tuesday and Thursday. Also, keep an eye out for **Honors housing** for next year as well as other opportunities. And if you just need something fun to read to take your mind off finals, each of the pages of the newsletter is linked to a cool site or article. In the meantime, always fight from the high ground, because according to Obi-Wan that means you're guaranteed to win.

Keep those midichlorian counts high,  
Kim Peterman  
Student Director of Honors Media



## In the next 3 days

Monday December 11, 2017

-Coffee and Coloring

Tuesday December 12, 2017

-Honors Study Space

Wednesday December 13, 2017

-Destress night

## Need Help?

If you are feeling overwhelmed with finals, feel free to contact one of these resources for help:

Call Acute Psychiatric Services at 855-515-5700.

Call Scarlet Listeners at (732) 247-5555.

Call the Office of Violence Prevention and Victim Assistance at 848-932-1181.

Call or Text 2nd Floor: 888-222-2228.

# SASHP Newsletter

## Honors Advising



### Advising Tip of The Week

While it's important to rest, spend time with family, and hang out with friends over break, it's also a great time to start looking and apply for summer and fall opportunities. Whether you know what you want from the future or want to try something new, be sure to start learning about the applications and their deadlines before it's too late.



### Live in Honors Housing Next Year!

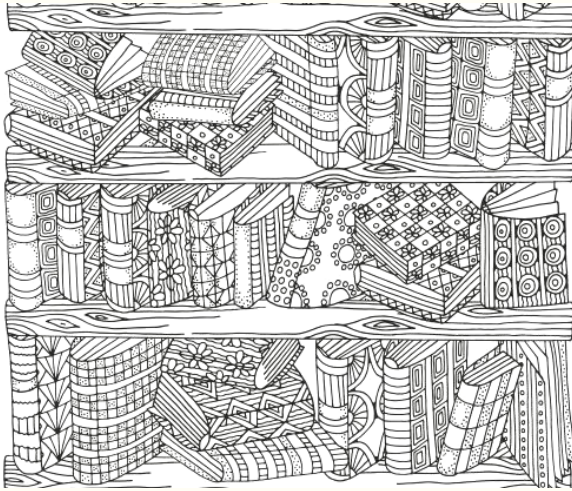
Do you want to live in SAS Honors Housing next year? Be on the lookout for signup announcements! The process begins as soon as you get back from winter break, so start thinking now about where you would like to live and your roommates.

\*If you are hoping to live with an Honors College student, you must make that request during winter break, so start planning now!



# SASHP Newsletter

## Honors Events



### Coffee and Coloring

Chill with Dean Davis while coloring and getting caffeinated. Plus Dean Davis will offer advising and Buffalonian winter tall tales.

**Date:** Monday, December 11 at 2-4PM

**Place:** 35 College Ave Parlor

### De-Stress Night

Come to the SASHP De-Stress Night brought to you by the Peer Mentors. Free food, coffee, and hot cocoa! Kick back and relax with the RUCAC puppies, coloring, board games, crafts, and more! All SASHP students are welcome.

**Date:** Wednesday, December 13, 8-10 PM

**Place:** McCormick Lounge, Busch Campus



### Honors Study Space

Need a quiet place to study on College Ave this Tuesday and Thursday? Study hours are held from 2-5PM in the SASHP home base, 35 College Ave on both days. Enjoy quiet, cookies, and coffee as you work. See you there!

